



**Above the Waist: Sexuality Education Beginning with the Brain** is a new, creative middle school sexuality education curriculum developed by The Children's Aid Society evidence-based Carrera Adolescent Pregnancy Prevention Program (CAS Carrera) for schools, out of school time programs, youth development organizations, and all those who wish to provide 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders with holistic, age-appropriate, "brain-appropriate", scientifically accurate sexuality education.

Infused with cutting edge research in adolescent brain development, Above the Waist stays true to the philosophies that have driven the 30+ year success of CAS Carrera. The curriculum is fun, interactive and easy to use for instructors of all levels.

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